

# St Marys Catholic School Manly

## Canteen Menu – 2025

### LUNCH MENU

#### MONDAY

<b>Lunch Order Menu – Monday</b>	
<b>Little Sushi - \$4.20</b>	<b>Sushi Roll - \$4.00 (Salmon \$6.00)</b>
	Tuna (Cooked)
Avocado x 9	Tuna and Avocado (Cooked)
Cucumber x 9	Tuna and Cucumber (cooked)
Tuna x 9	Chicken Teriyaki
3 x Mixed	Chicken Teriyaki and Avocado
Salmon x 9	Tempura Prawn
	Tempura Prawn (No Lettuce)
	Salmon
	Salmon and Avocado
	Salmon and Cucumber
	Plain Avocado
	Plain Cucumber

<b>Salmon Special \$15.00</b>	<b>Rice Paper Rolls \$6.00</b>
	Vegetarian
	Teriyaki Chicken
	Prawn

	<b>Mini Chicken Steam Dim Sims \$4.00</b>
	<b>Steamed Pork Dumplings \$4.00</b>

# LUNCH MENU

## THURSDAY & FRIDAY

<b>Lunch Order Menu – Thursday</b>			
<b>Sandwiches – Wholemeal and Gluten free bread</b> <i>Please specify if toasted</i>		<b>Hot Meals</b>	
Vegemite	\$2.00	Chicken wrap with lettuce, tomato, and cheese	\$4.50
		Butter Chicken & Rice	\$4.50
Spaghetti	\$2.50	Spaghetti Bolognese	\$4.50
Ham	\$2.50	Pizzas wraps- cheese & BBQ Chicken	\$4.00
Cheese	\$2.50	Hot Dogs	\$3.00
Tuna	\$2.50	Fried Rice with Chicken	\$4.50
Egg	\$2.50	Meat Pie	\$3.80
Ham & Cheese	\$3.00	Wholemeal Garlic Bread	\$1.50
Spaghetti & Cheese	\$3.00	Boiled Rice	\$1.00
Salad	\$3.50	Macaroni Cheese	\$4.00
<b>Extras: GLUTEN FREE BREAD</b> Lettuce, Tomato, Cheese, Egg, Carrot	50c each	Pork Dumplings & Chicken Dim Sims	\$4.00

<b>Lunch Order Menu – Friday</b>			
<b>Sandwiches – Wholemeal and Gluten free bread</b> <i>Please specify if toasted</i>		<b>Hot Meals</b>	
Vegemite	\$2.00	Butter chicken and Rice	\$4.50
		Spaghetti Bolognese	\$4.50
Spaghetti	\$2.50	Homemade sausage rolls	\$4.00
Ham	\$2.50	Pizza Wraps: Cheese & BBQ Chicken	\$4.00
Cheese	\$2.50	Chicken Nuggets	\$4.50
Tuna	\$2.50	Fried Rice with Chicken	\$4.50
Egg	\$2.50	Meat Pies	\$4.00
Ham & Cheese	\$3.00	Wholemeal Garlic Bread	\$1.50
Spaghetti & Cheese	\$3.00	Boiled Rice	\$1.00
Salad	\$3.50	Macaroni Cheese	\$4.00
<b>Extras: GLUTEN FREE BREAD</b> Lettuce, Tomato, Cheese, Egg, Carrot	50c each	Pork Dumplings & Chicken Dim Sims	\$4.00

# DRINKS & SNACKS

## MONDAY, THURSDAY & FRIDAY

<b>Drinks – Monday, Thursday, and Friday</b>	
<i>Sold over the counter or included in lunch order</i>	
Milk – 150mls – Plain	\$1.00
Milk – 150mls – Chocolate/Strawberry/ Peppermint/ Vanilla/ Caramel/ Banana	\$2.00
Emma & Tom juices- OJ, Cloudy Apple, Pineapple, Karmarama	\$2.80
Franklin Fall 600ml water	\$1.00

<b>Snacks – Monday, Thursday, and Friday</b>	
<i>Sold over the counter</i>	
GLUTEN FREE Gingerbread cookie	\$2.00
Freshly Baked Homemade Mini Gingerbread	\$0.50
Mini Bites: Cheese, Salt and Vinegar and Chicken	\$1.00
Crispy Fruits: Strawberry, Apple, Mango, Pineapple	\$2.00
Pretzel	\$1.50
Sour Cream Grain Waves	\$1.50
Banana Bread (Full slice)	\$2.00
Banana Bread (Full Slice) GLUTEN FREE	\$2.50
Freshly Baked Homemade Muffins	\$1.00
Hot Popcorn	\$1.50
Mini Chocolate Chip Cookies	\$1.00
Juice Tubs- Lemonade, Wild Berry, Orange, tropical	\$1.50
Vanilla Ice – cream tubs	\$1.50
Quelch Fruit Tube	\$0.50
Moosie – Chocolate, Strawberry, Banana	\$1.50
Frozen Pineapple	\$0.50
Frozen mango cheeks	\$1.00